



Breakfast (Until 3pm)

Zeally Bay Organic Sourdough or Seeded Sourdough Loaf
Gluten Free Precinct Buckwheat & Chia Loaf **+\$2**

Kyosk Seed bread with butter (GF/VO).

All Breads Available w/ your choice of Organic Honey, Berry & Chia Jam, Orange Marmalade, ABC Nut Butter or Organic Crunchy Peanut Butter

Zeally Bay Organic Fruit Loaf toasted with Butter

Oat & Linseed Porridge w/ Camomile, Orange & Vanilla Poached Pear & Toasted Nuts (VO/N)

Chai Spiced Buckwheat Granola w/ Vanilla Coconut Yoghurt, Kiwi, Blueberries & Mint (GF/V/N)

Natural Muesli w/ Greek Yoghurt & Fresh Fruit (VO)

Green Coconut Chia Smoothie Bowl / Chai Spiced Buckwheat Granola, Kiwi, Banana, Blueberries & Toasted Coconut Flakes (GF/V/N)

Breakky Roll; Benno's Free Range Bacon, Fried Egg, Tasty Cheese, Herby Aioli

Poached or Fried Free-Range Eggs on Sourdough w/ Kasundi (Seeded Sprout, House Seed Bread (GF) or GF Precinct Buckwheat & Chia loaf available)

Turkish Breakfast Bowl w/ Avocado, Crunchy Spiced Chickpeas, Quinoa, Currants, Grilled Flatbread, A Poached Egg, Coconut Labna & Za'atar (GF/VO)

Sweet Corn Fritters w/ Spice Crusted Avocado, Black Beans, Sautéed Kale & Spinach, Poached Eggs, Micro Green Salad & Chimichurri (GF/VO) Add Benno's Free Range Bacon **+\$5**

Okonomiyaki - Japanese Savoury Pancake w/ Bellerine Smoke House Smoked Salmon, Sweet Corn, Wombok, Spring Onion, Tonkatsu Sauce & Kewpie Mayo (GF)

Sautéed, Brussels Sprouts, Broccolini, Snow Peas & Kale w/ Minted Smashed Peas on House Seed bread, Beetroot Hummus, a Poached Egg & a Tahini & Rocket Pesto Dressing (GF/VO/N).

Kyosk Big Breakfast; 2 Eggs on Sourdough w/ Benno's Free Range Bacon, Roasted Mushrooms, Sautéed Spinach & Kale, Sumac Tomatoes & Kasundi (GFO)

Roasted Mushrooms w/ Potato Rosti, Poached Eggs, Basil Pesto & a Herby Spinach & Currant Salad (Gluten Friendly)

Maple Pancakes w/ Mandarin Compote & A Rhubarb & Rosemary Semifreddo (GF/V)

Sides

7.5 Benno's Free Range Bacon, Bellarine Smoke House Smoked Salmon **5 each**

8.5 Sliced Avocado, Sumac Roasted Tomatoes, Potato Rosti, Thyme Roasted Mushrooms **4.5 each**

Sautéed Spinach & Kale, Fried Fetta **3 each**

7.5 Extra Egg, House Made Kasundi, Basil Pesto, Beetroot Hummus **2.5 each**

13.5 Lunch (from 12-3)

13.5 Tempura Cauliflower Bites w/ Miso Tahini Dipping Sauce & Furikake (Gluten friendly/V) **15**

Sweet Potato Chips w/ Beetroot Hummus (Gluten Friendly/V) **15**

13.5 Spinach & Feta Gozleme (2 pieces) w/ Side Salad **15**

13.5 Turkish Spiced Lamb Pizza w/ Side Salad **16.5**

13.5 Middle Eastern Nourish Bowl w/ Cauliflower Fafels, Pistachio & Olive Tabbouleh, Tomato Salsa, Sautéed Spinach & Kale, Sweet Potato & Beetroot Hummus (V/N) **19**

11 Coconut Poached Chicken Salad w/ Snow Peas, Capsicum, Carrot, Vietnamese Mint, Coriander & a Coconut, Lime and Chilli Sambal. (GF/VO/N) **19**

11.5 Sautéed, Brussels Sprouts, Broccolini, Snow Peas & Kale w/ Minted Smashed Peas on House Seed bread, Beetroot Hummus, a Poached Egg & a Tahini & Rocket Pesto Dressing (GF/VO/N). **19**

19 Miso Tanini Baked Cauliflower w/ Puy Lentil, Freekah, Kale & Herbs, Chimichurri & Spiced Pepitas (V/GF) **19**

19 Katsu Chicken Burger on Charcoal Brioche w/ Slaw, Pickles, Tonkatsu Sauce & Kewpie Mayo. **19**

Kids (under 12 only)

22 1 Slice of Sourdough with Spread (GFO) **5**

Muesli or Buckwheat Granola w/ Greek Yoghurt & Fresh Fruit (VO) **7**

19 1 Slice of Toast with a Poached Egg (GFO) **7**
Add a slice of bacon **+\$2.5**

1 Pancake with Ice Cream & Maple Syrup **7**

22 Lunch box - Cheese Toastie, Seasonal Fruit & Milk Chocolate Buttons (GFO) **7**

Kids Thirst Quenchers

19 Baby cino **1.5**

Freshly squeezed orange or apple **7**

Banana smoothie **5**

19 Milkshake (chocolate, strawberry or vanilla) **5**

GF: Gluten Free

V: Vegan

VO: Vegan Option Available

GFO: Gluten Free Option Available

N: Contains nuts

Gluten Friendly:

May not suit coelics as we only have one deep-fryer, which is shared with gluten containing products

Please let us know if you have any allergies.

Sorry, no changes to the menu

PLEASE ORDER & PAY AT THE COUNTER
15% SURCHARGE ON PUBLIC HOLIDAYS



Proud Mary Coffee

Humbler (House Blend) - Black or White

Cold Brew

Extras

Mug

Extra Shot

Decaf

Almond/Coconut/Oat

Soy

Single Origin

[Ask About Our Changing Single Origin Offerings](#)

Larsen Thompson Loose leaf Tea

Classic Teas

English Breakfast | Earl Grey

Herbal Teas

Australian Sencha | Peppermint | Lemongrass & Ginger | Chamomile

Specialty Teas

Rosebuds - Organic & caffeine free this tea is high in Vitamin C. The rose buds are from Yuxi in China's Yunnan Province & is said to aid circulation.

Calmer Sutra Tea

Wet Loose Leaf Chai (Vegan)

(Consisting of black tea leaves, aromatic Indian spices, rice malt syrup & fresh ginger root. Brewed in the pot & served with local honey.)

Almond/Coconut/Oat

Soy

Other Hot Drinks

4	Fresh Ginger, Pear & Lime Hot Tonic	4.5
5	Fresh Turmeric, Ginger & Cayenne Pepper Hot Tonic	4.5
+	MOFO Deluxe Hot Chocolate	4.5
	Made from Cacao, with Organic Coconut Blossom Sugar (GF & Vegan)	
0.5	Almond/Coconut/Oat	1.0
0.5	Soy	0.5

Freshly Squeezed

0.5	Orange Apple See Specials Board for Daily Juice & Smoothie	7
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Cold Drinks

	Check deli fridge for our range of softies	from 5
4	House Made Kombucha Carafe	10
4	Made w/ kombucha, fresh lemon, ginger & mint & filled w/ sparkling mineral water. Add a splash of Gin + \$5	
4.2	Filtered Sparkling Mineral Water Carafe	4
	Iced Coffee Iced Chocolate Iced Mocha	7
	Milkshakes	7
4.5	Chocolate Strawberry Vanilla	
1.0		
0.5		

Cocktails

Gin, Elderflower & Cucumber Spritzer

Ginger, Mint & Kombucha Cocktail

Margherita

Bloody Mary

...or keep it virgin

Beers / Cider

Flying Brick Cider

Moon Dog 'Beer Can' Tropical Larger

Moon Dog Larger

Moon Dog 'Old Mate' Pale Ale

Moon Dog Seasonal Special

Wine

12	Bubbles		
12	Santa & D'Sas Prosecco <i>King Valley VIC</i>	9	42
12			
12	White		
8	2018 Stargazer Tupelo Blend <i>Coal River Valley TAS</i>	11	52
	2018 Livewire Chardonnay <i>Bellarine Peninsula VIC</i>	11	45
	Rosé		
8	2019 Oakdene Rosé <i>Bellarine Peninsula VIC</i>	8.5	35
9	Red		
9	2019 Dr Folk Mixtape Pinot Noir <i>South Gippsland VIC</i>	11	45
9	2016 Dinny Goonan Shiraz <i>Bambra VIC</i>	9	37
price variable	2016 Livewire Blood of Hipsters II Sangiovese Shiraz <i>Heathcote VIC</i>		42